

A Way of Praying as A Life Giving Intimacy with our Self, God & Others

Silence

- Wait for the noise—inner & outer—to be stilled
- Let it come...Let it go...breathe...be...
- How is the silence affecting you?

Being Listened To

- Wait until you sense God listening to you
- Be at rest...Be impatient...Be cared for...
- How do you sense God coming closer to you?

Meeting & Desire

- Wait for your attention to turn more fully toward God
- Be curious...Be startled...Be with God
- What's happening to your desire for encounter with God?

Listening To

- Wait for God to speak
- Be confident...Be uncertain...Believe you've heard God
- What is God saying to you about Life in Christ?

Gratitude

- Wait for a sense of gratitude to rise within
- Be amazed...Be bewildered...Be overshadowed by God
- How is God calling you to offer your life *a living sacrifice as your spiritual act of worship today (to whom)?*

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